

## Holy Cross Retreat



### Letter 303

28th

November, 2025

### Coffee Cart



The weather made things uncertain last Sunday, but our band of generous volunteers managed to prepare and afterwards clean the main dining room so that the coffee van parked under the front entrance could dispense coffees and inside they found an array of cakes that made for a lovely post-Mass

gathering.

The next Coffee Cart Sunday will be December 21<sup>st</sup>. Thank you to our generous benefactor and to our generous helpers prior to and on the day.

### Christmas hampers



Already a number of hampers have been donated, and are at the base of the altar at Holy Cross. This is an act of generosity for those who are less fortunate. We will ensure they are delivered to families in need. Please place any hampers or gifts in front of the altar until we deliver them to Vinnies.

### Bollards

I was encouraged by Peter Norman to write to the Manningham Council to see if the bollards out the front of our property could be removed. 93 bollards were installed when the Council created a new footpath in 2018. This has provided a huge challenge in terms of time and effort for mowing the lawn. We did volunteer to remove the bollards ourselves with a view to them being useful barriers along the carpark fence when it is completed. The Council have responded that they will remove the bollards before Christmas. We will look for alternative ways of protecting the fence.

### Kevin Hennessy: 50<sup>th</sup> ordination

This Sunday Kevin will celebrate 11.00am Mass in St Mary of the Angels, Geelong to mark 50 years since his ordination on November 29<sup>th</sup>, 1975. There will be a light lunch afterwards at St Mary's Sporting Club, Latrobe Terrace, Geelong. A number of people from Holy Cross are going to attend this celebration. This is an acknowledgement of the profound contribution Kevin made as a professed and ordained Passionist to Holy Cross. Kevin's ministry has been wide, varied and most generous over these 50 years during an era of significant change within the Church. We extend thanks and congratulations to Kevin from everyone at Holy Cross and wish him well for his future life and ministry.

## Jerome

Jerome is no longer insulin dependent, which is good news. He is in good spirits and living happily with his reduced capacities.

## Passionist Companions retreat

This retreat has been postponed until February (perhaps February 14<sup>th</sup>).

## Frank Bartoli



Tri has begun to record interviews with a handful of people associated with Holy Cross, related to the topic of vulnerability. His first interview was with Frank Bartoli and the theme Tri chose is, "How to find hope when you feel vulnerable." Frank's beautiful wife, Maree died on January 6<sup>th</sup> this year, from motor neurone. They were married for almost 55 years. For the final two years of her life, Frank was her primary carer. That might seem a natural expectation, but Frank is

blind!

The video begins with Frank preparing a cup of tea for Tri! I visited Frank and Maree soon after she was confined to a wheelchair and she and Frank had prepared morning tea. It was amazing to hear Maree say, "Could you get the pies out of the oven please, Frank." It was more amazing to watch Frank do that, and then serve the small pies on plates.

Frank received was awarded a Medal of the Order of Australia (OAM) in 2006 for his service to sport for people with vision impairments as a competitor and through a range of executive roles. Frank represented Australia in blind indoor bowls, played blind cricket and blind tenpin bowls. He was also a member of the 'Choir for Hard Knocks'. One beautiful line from the inspiring interview that Frank used, is *"I see things more than when I had sight!"* The interview is 24 minutes long. The link for the interview is: <https://youtu.be/37pNLRoal8M>

## Around the grounds

- Vince is widening the area of the car park and adjusting the slope above the new path from the carpark to the shrine and rearranging the rocks.
- Peter Norman is creating a new garden between that same path and the wall of the LaVelle room. As our Grounds manager, Peter is constantly involved in a number of small projects.
- The A Team has continued work in the Tavern. The painting is finished and soon furnishings will be added.

- Peter Day was [mowing and cutting edges](#) on

### **Floods in Vietnam leave more than 90 dead**



Relentless rain has lashed south-central Vietnam since late October and severe flooding and landslides have killed at least 90 people in the past week. One couple spent two nights on the roof of their house, leaving others stranded on rooftops and mountain roadways blocked. They described their neighbourhood as

“completely destroyed. Everything was covered in mud.”

More than 60 deaths, of the 90 recorded since Nov. 16, were in Dak Lak, where tens of thousands of homes were inundated. Several of the families of our



Passionist brothers including Phi, live in Dak Lak. We were able to speak with him as he was just about to head off on his bike. He said his area is safe. In Dak Lak, floodwaters have swept 100 twenty-litre barrels of sulfuric acid from a sugar factory, the public security ministry said, warning the public to avoid the dangerous liquid.

A vendor named Vo Huu Du, aged 40, said she and other vendors once considered five centimetres off the ground was a safe level to raise their merchandise to avoid flood damage — but no more. "All these years, the highest water level back in 1993 only reached our ankles," said Du. "But now the water has come



in over one metre high. All the vendors are devastated, not just me," she added. More than 80,000 hectares of rice and other crops across Dak Lak and four other provinces were damaged in the last week, with over 3.2 million livestock or poultry killed or washed away by floodwaters! The disaster was exacerbated by a record discharge of 16,100 cubic meters per second from the Song Ba Ha Hydropower plant, located just 60 kilometres away. Tri told us of one couple who left their child with their parents while they travelled to Saigon. Sadly, both the child and the child's grandparents died in the flood waters.

### **Background to Christ the King**



Writing about last Sunday's feast of Christ the King, Nigerian priest Maurice Emelu stated that: "Scientific breakthroughs and technological innovations characterized this era, earning it the nickname "the Roaring Twenties." The invention of radio, television, automobiles (thanks to Henry

Ford), and airplanes transformed society.

These advancements often led to misplaced confidence in materialism, side-lining virtues like temperance and morality. Consumerism thrived, and spiritual values were neglected. It was a time marked by chaos and dangerous ambition, where humanity wrestled with the question of where true authority resides”.

This sounds like a description of our times, but Emelu was in fact describing the 1920's and the background that led to Pope Pius XI declaring the feast of Christ the King in 1925. Pius wanted to remind the world that Christ alone is the true King. Emelu says, “Describing the ‘spirit of the times,’ Pius asserted “Christ’s eternal reign as an antidote to the power-hungry leaders of his day. Whereas most kings rule by force, Christ reigns through the tremendous love of his grace.

His kingdom is not defined by political power or earthly wealth but by spiritual sovereignty. The path to his throne passed through suffering and sacrifice. His crown was made of thorns, his sceptre was justice and mercy, his throne was the Cross, and his royal palace was Golgotha. He reigns in all hearts from this place of ultimate humility and love”.



“The kingdom Jesus promised is universal, encompassing all creation—visible and invisible. It is a realm of righteousness, peace, and joy where conflicts are reconciled and divisions healed. In this divine kingdom, the weak stand alongside the strong as equals, and all peoples and races form a loving family in him. The Feast of Christ the King challenges us to enthrone Christ in our hearts, families, communities, and nations. It also challenges individuals to reject radical selfishness and any leadership that involves force and violence”.

## Advent

**Advent** is a liturgical season that highlights a time of expectancy... for what is possible in our life here and now. We will hear warnings in the Sunday Readings to ‘be alert’ and ‘be on guard’. Advent is not a penitential season. It is a season preparing us to welcome Jesus into our hearts and our lives. Advent calls us to reflect on and decide on what we are doing with our life – now that relates to this



incredible event – Jesus become one of us. This invitation to something way beyond externals. It is an invitation deep in our hearts.

Eckhart Tolle, the author of *'The Power of Now'* says we should *"Be at least as interested in what goes on inside you as what happens outside. If you get the inside right, the outside will fall into place"*. This echoes Jesus' caution... *"What does it profit a person to gain the whole world but lose him/herself"* (Mark 8:36)



Tolle suggests that too many people spend their lives either living in the past or the future. *"If you identify with your mind you can be trapped in time. Then there is a compulsion to live almost exclusively through memory (the past) and anticipation (the future)"* Jesus advises, *"Do not worry about tomorrow. Tomorrow will look after itself; each day has enough problems of its own"* (Matthew 6:34)

If we look around there are signs everywhere of both the sacredness and interconnectedness of all life, and this beauty and wonder can be lost to us if 'everyday' things completely absorb us. We can find ourselves wasting a lot of energy reliving things that have already happened, or becoming anxious over what might happen. Why waste today re-living yesterday or worrying about tomorrow! Eckhart suggests that "Anxiety, tension, stress, worry — all forms of fear, are caused by too much future, and not enough presence (Jesus says 'stay awake'). Guilt, regret, resentment, sadness, bitterness, and all forms of non-forgiveness are caused by too much past, and not enough presence".



Modern media invades every nook and cranny of our lives. Advertisers know how to get our attention. They put images and tunes in our minds that won't go away . Buying has become a religion and advertisements are the sermons. How many were there recently for 'Black Friday'! These ads aim to convince us that do not have enough; that we need

more. Worse, they lure us into believing that newer or different material things will satisfy our deepest needs, make us happier, improve our mood or allow us to prove our love for others.

We must continue to strive for the deeper things and experience contentment within. Advent invites us to re-examine our priorities. It can be a time for us renew the practice of being attentive to 'the now'...to this moment, this hour, this day, this person, this



conversation, this opportunity. These four aspects (hope, peace, joy and love) are what we most deeply strive for.



Mostly we have the external things we need and we have learned that there is a difference between our needs and our wants. If our mind is restless, can we slow down and be more contemplative. If we are too anxious, seek peacefulness that comes from trusting in God's love and that all things work for good for those who are in God's embrace.

We don't need the past for our identity, or the future for our fulfillment. We will celebrate the liturgical coming of Jesus, but God is not

coming. God is already here! We are not waiting for life to begin. Life is happening! It is time to be spiritually alert - on guard.

There are conversations all around us about Donald Trump, the wars in Gaza or Ukraine, the starvation in Sudan, worldwide poverty, the ejection of desperate immigrants, net zero, rising power bills and, youth crime and so much more. How much do these issues consume our everyday conversations and our inner peace? Do our conversations lead to any meaningful action?

Advent provides us with a time to consider our responses, to let the gospel guide our interests and our conversations and to let hope, peace, joy and love guide our actions. Each week of Advent, will focus on one of those four aspects of our faith, calling us to make choices that reflect what we believe and celebrate at the end of Advent - that Emmanuel (God) is with us. As we live these Advent days, maybe we can avoid letting the ads be our sermons and if or when, we consider 'Christmas shopping', remember the under-privileged and then turn the 'remembering' into practical action. That is how we live the gospel now.



### **Pope strongly backs US bishops on immigration support**

*Trisha Thomas (Associated Press) Nov 19<sup>th</sup>, 2025*



On Tuesday Pope Leo strongly backed U.S. bishops who condemned the Trump administration's immigration crackdown, as he urged the American people to listen to them and treat migrants humanely.

History's first American pope was asked about the "special message" the U.S. Conference of Catholic Bishops adopted during the bishops' general assembly last week.

The text criticized the Trump administration's mass deportation of migrants and the "vilification" of them in the current migration debate. It lamented the fear and anxiety immigration raids have sown in communities, and the denial of pastoral care to migrants in detention centres.

Leo, who has previously urged local bishops to take the lead on speaking out on matters of social justice, said he appreciated the U.S. bishops' statement and urged Catholics and all people of goodwill to listen to what they said. "I think we have to look for ways of treating people humanely, treating people with the dignity that they have," said the Chicago-born Leo. "If people are in the United States illegally, there are ways to treat that. There are courts, there's a system of justice."

"A faithful Catholic approach to immigration begins not with politics but with people. Compassion, hospitality, and solidarity with the poor are not optional virtues."



Speaking to reporters as he left the papal country house south of Rome, Leo acknowledged there are problems in the U.S. migration system. But he stressed that



no one has said the U.S. should have open borders, and that every country has the right to determine who can enter and how. "But when people are living good lives, and many of them for 10, 15, 20 years, to treat them in a way that is extremely disrespectful to say the least — and

there's been some violence unfortunately - I think that the bishops have been very clear in what they said," he said. "I would just invite all people in the United States to listen to them."

The bishops' "special message" was rare, the first time since 2013 the bishops had penned such a single-issue statement at one of their meetings. It was accompanied by an Instagram video of individual bishops reading the text on camera, to hammer home its message.

### **Pope Leo XIV urges Christians to move beyond outdated theological disputes**



Pope Leo XIV has called on Christians to move beyond "theological controversies" that no longer serve the cause of unity and to rediscover together the faith professed at the Council of Nicaea 1,700 years ago. In a new apostolic letter, "In the Unity of Faith", the pope links the anniversary of the first ecumenical council to the Holy Year of 2025 and to his upcoming apostolic

journey to Türkiye, where he will commemorate Nicaea's 1700th anniversary and take part in an ecumenical event with Ecumenical Patriarch Bartholomew on Nov. 30 before traveling on to Lebanon.

"I would like this Letter to encourage the whole Church to renew her enthusiasm for the profession of faith," the pope writes, stressing that the Nicene-Constantinopolitan Creed "for centuries... has been the common heritage of Christians, and it deserves to be professed and understood in ever new and relevant ways." In a strong ecumenical appeal, Leo XIV says the Nicene Creed "can be the basis and reference point" for a renewed journey toward full communion among Christians. "It offers us a model of true unity in legitimate diversity. Unity in the Trinity, Trinity in Unity, because unity without multiplicity is tyranny, multiplicity without unity is fragmentation," he writes.



"We must therefore leave behind theological controversies that have lost their *raison d'être* in order to develop a common understanding and even more, a common prayer to the Holy Spirit, so that he may gather us all together in one faith and one love," the pope continues. "The restoration of unity among Christians does not make us poorer; on the contrary, it enriches us," he adds, calling the goal of full visible unity "a theological challenge and, even more so, a spiritual challenge, which requires repentance and conversion on the part of all."



Linking Nicaea to today's crises, Leo XIV notes that the Holy Year is dedicated to the theme "Christ our hope" and that the Nicene Creed remains a source of confidence amid war, injustice, and suffering. "In this Holy Year, dedicated to the theme of Christ our hope, it is a providential coincidence that we are also celebrating the 1700th anniversary of the First Ecumenical Council of Nicaea," he writes. That council, he recalls, "proclaimed the profession of faith in Jesus Christ, Son of God. This is the heart of the Christian faith. In these difficult times we are living, amid so many concerns and fears, threats of war and violence, natural disasters, grave injustices and imbalances, and the hunger and misery suffered by millions of our brothers and sisters, this Creed gives us hope," the pope says.



The pope devotes much of *In unitate fidei* to explaining the historical and theological context of the Council of Nicaea, which met in 325 to address the Arian controversy over the divinity of Christ. The dispute, he notes, "concerned the essence of the Christian faith," namely the answer to Jesus' question in the Gospel: "Who do you say that I am?" In response, the Nicene Fathers confessed that Jesus is the Son of God "in as much as he is of the substance (ousia) of the Father... 'begotten, not made, consubstantial (homooúsios) with the Father.'"



“The Fathers of Nicaea were firm in their resolution to remain faithful to biblical monotheism and the authenticity of the Incarnation,” Leo XIV writes.

By adopting terms such as “substance” and “consubstantial,” which are not found in Scripture, the Council “did not... replace biblical statements with Greek philosophy,” he explains. Rather, it sought “to affirm biblical faith with clarity and to distinguish it from Arius’ error, which was deeply influenced by Hellenism.”

“The Nicene Creed does not depict a distant, inaccessible and immovable God who rests in himself, but a God who is close to us and accompanies us on our journey in the world, even in the darkest places on earth,” the pope writes. Leo also highlights the Nicene emphasis on the full humanity of Christ, noting the clarification that the Word “became human.”

Quoting St. Athanasius and the patristic tradition, the pope writes: “Divinization, then, is true humanization (becoming fully human). This is why

human existence points beyond itself, seeks beyond itself, desires beyond itself, and is restless until it rests in God.”



Beyond doctrine, Leo XIV insists that the Creed must shape Christian life. “Both the liturgy and the Christian life are thus firmly anchored in the Nicene Creed: what we profess with our mouths must come from the heart so that we may bear witness to it with our lives,” he writes. “We must therefore ask ourselves: What about our interior reception of the Creed today? What do these words mean for our lives? In this sense, the Nicene Creed invites us to examine our conscience,” the pope continues. “What does God mean to me and how do I bear witness to my faith in him? Is the one and only God truly the Lord of my life, or do I have idols that I place before God and his commandments?”



He ties this examination to care for creation and social justice, asking: “How do I treat creation, the work of God’s hands? Do I exploit and destroy it, or do I use it with reverence and gratitude, caring for and cultivating it as the common home of humanity?”



Echoing the Second Vatican Council, Leo XIV notes that “for many people today, however, God and the question of God have almost no meaning in their lives,” and that Christians themselves bear some responsibility, since “they do not bear witness to the true faith; they hide the true face of God with lifestyles and actions that diverge from the Gospel.” Instead of proclaiming a merciful God, he laments, “a vengeful God has been presented who instils terror and punishes.”

“The profession of faith in Jesus is the centre of the Nicene-Constantinopolitan Creed. This is the heart of our Christian life,” he says. “For this reason, we commit to follow Jesus as our master, companion, brother and friend.

If God loves us with all his being, then we too must love one another. We cannot love God whom we do not see without loving our brother and sister whom we do see. Recalling the teaching of Vatican II and St. John Paul II’s 1995 encyclical *Ut unum sint*, the pope says that in a divided world “the one universal Christian community can be a sign of peace and an instrument of reconciliation, playing a decisive role in the global commitment to peace.



We share the same faith in the one and only God, the Father of all people; we confess together the one Lord and true Son of God, Jesus Christ, and the one Holy Spirit, who inspires us and impels us towards full unity and the common witness to the Gospel,” he writes. “Truly, what unites us is much greater than what divides us!”

The letter concludes with a prayer to the Holy Spirit for the renewal of faith and the healing of divisions among Christians. Leo XIV prays:

Holy Spirit of God, you guide believers along the path of history. We thank you for inspiring the Symbols of Faith and for stirring in our hearts the joy of professing our salvation in Jesus Christ, the Son of God, consubstantial with the Father. Without him, we can do nothing. Come, divine Comforter, source of harmony, unite the hearts and minds of believers. Come and grant us to taste the beauty of communion. Come, Love of the Father and the Son, gather us into the one flock of Christ. Show us the ways to follow, so that with your wisdom, we become once again what we are in Christ: one, so that the world may believe.”



*Victoria Cardiel (Catholic New Agency)*  
Nov 23, 2025

### **Not to be taken too seriously**

A chain message is going around suggesting a Beijing hospital director offered various advice to elderly people.



Many diseases are not diseases, but normal signs of aging. The director of a Beijing hospital gave these pieces of advice to the elderly : You are not sick, you are getting old. Many conditions which you think are diseases are not diseases, but signals that the body is ageing.

Poor memory is not Alzheimer's disease, but a self-protection mechanism of the elderly brain. This is the brain getting old, not a disease. If you just forget where you put your keys, but you can find them yourself, it is NOT dementia.

Walking slowly and having unsteady legs and feet' is not paralysis, but muscle degeneration. The solution is NOT to take medicine, but to move.

3. Insomnia is not a disease but the brain is adjusting its rhythm. It is a change in sleep structure. Don't take sleeping pills indiscriminately. Long-term dependence on sleeping pills and other drugs to fall asleep will increase the risk of falls, cognitive impairment, etc. The best sleeping pill for the elderly is to get more sun during the day and maintain a regular schedule.



4. Body aches are not rheumatism, but a normal reaction to nerve aging.

5. Many elderly people say: My arms and legs hurt everywhere. Is it rheumatism or bone hyperplasia? Bones do become loose and thin, but 99% of 'body pain' is not a disease, but a slow nerve conduction, which amplifies the pain. This is called central sensitization, a common physiological change in the elderly. Exercise is the cure rather than taking medicine.



6. Cholesterol. The elderly have slightly higher cholesterol levels because they have lived longer. Cholesterol is the raw material for synthesizing hormones and cell membranes. Too low a level can easily reduce immunity. The Guidelines for the blood pressure reduction target of the elderly is <150/90 mmHg, not the standard of young people <140/90. Don't treat aging as illness.

7. Aging is not a disease, it is a necessary path. A few words should be said to the elderly and their children:



First, remember, NOT all discomfort is a disease. Second, many elderly are afraid of being 'scared'. Don't be scared by the physical examination report or fooled by advertisements. Third, the most important thing for children is not to take their parents only to the hospital but to accompany them for walks, sunbathing, eating, and talking and bonding. Aging is not the enemy. It's another word for living .. but stagnation is the enemy !

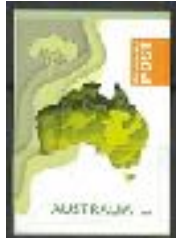
A Brazilian oncologist said,

- Middle age begins at 50 and should end at 70.
- The Golden years begin at 70 and end at 80.

- Old age begins at 80 and ends at 90.
- Longevity begins at 90 and ends after death.

Before reacting... breathe deeply; Before speaking... listen; Before criticizing... look at yourself; before writing... think carefully; before attacking... surrender; before dying... live the most beautiful life you can!

### Concession stamps



Every week we deliver about fourteen copies of the newsletter to people without internet access. Normally Teresa Lim does that generous task. Teresa is unwell at the moment. There are also four or five people to whom we post the newsletter using our entitled concession stamps. Twelve months ago an appeal for some more concession stamps received a generous response. If anyone is able to help out again, it would help us. We are happy to pay the concession

cost. Thank you

### Some options for a holiday away from home



### Humour

There was a boy who worked in the produce section of Aldi. Joe came in and asked to buy half a head of lettuce. The boy told Joe that they only sold whole heads of lettuce, but the Joe replied that he did not need a whole head, but only a half head.



The shop assistant said he would go ask his manager about the matter.

He said to his manager, "There's some idiot out there who wants to buy only a half a head of lettuce." As he finished saying this, he turned around to find Joe standing right behind him, so he added, "and this gentleman wants to buy the other half." The manager okayed the deal and Joe went on his way.

Later the manager called on the boy and said, "You almost got yourself in a lot of trouble earlier, but I was impressed with the way you got yourself out of it. You think on your feet and we like that around here. Where are you from son?"

The boy replied, "New Zealand sir."

"Oh really? Why did you leave New Zealand "asked the manager.

The boy replied, "They're all whores or Rugby players over there."

"Really?" replied the manager, "My wife is from New Zealand!!"

The boy replied, "No kidding! What team did she play for?"



I THINK MY WIFE  
IS PUTTING GLUE  
ON MY FIREARMS  
SHE DENIES IT BUT I'M  
STICKING TO MY GUNS

I'm going to stand  
outside, if anyone asks  
where I am tell them I  
am outstanding.

### Looking for employment

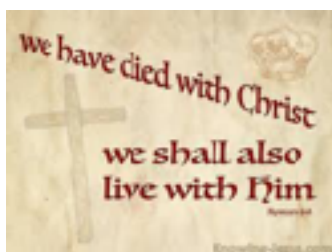
Thejus Thomas has been working at Holy Cross for three years. He has recently graduated from RMIT University with a degree in Geospatial Science and is currently seeking a job or internship opportunity in the geospatial field. He's passionate about using mapping, spatial data, and technology to help solve real-world problems and would love to connect with anyone who might know of opportunities or organizations in this field.

If you have any leads, advice, or contacts to share, please reach out to Thejus by email/phone. He would really appreciate your support and prayers as he begins this next chapter of his life.

The Holy Cross community as well as Mayrose highly values Thejus as a person and a worker, and we are hoping someone knows somebody who can give him a start, preferably in his preferred field. Thank you,

Contact: **Thejus Thomas** (M) 0493784768 Email: [thejusthomas13@gmail.com](mailto:thejusthomas13@gmail.com)

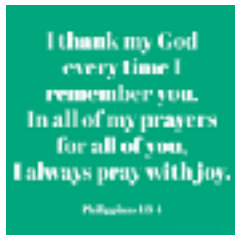
### Prayers



We remember those who have died recently [Mgr Frank Marriott](#) and [Elaine Ledda](#), and those whose anniversaries occur at this time, especially [Yvonne Maher](#), [Barney Cogle](#), [Albino Cavallo](#), [Barbara Angus](#), [Lillian Lawson](#), [Lorraine Lovett](#), [Helen Chai](#), [Zora Vitez](#).

We pray for them and for all who have died, have found joy in God's eternal presence.

We pray for members of our Holy Cross family who are coping with illness and all who care for them: especially



Noel Smyth, Lucia Isgro, Pam Storey, Fr Jeff Foale CP, Gerry Bond, Anne Woon, Max McMahon, Fergus Ryan, Joe & Nina Conti, Lesley Yang, Maria Di Giantomasso, , Denise Egan, Caroline Hagedorn, Greg Agosta, Dr Peter Heffernan, Cate Sweeney, Lisa Iverach, Bob Hallam, Billy Uasike, Monic Sleeman, Anthona Henderson, Joanne Moorcroft, Nancy Reynolds, Elizabeth Walsh, Kate Lenic, Marilyn Cilmi, Maureen Barns, Anne Burke, Peter & Bernadette

Owen, Phil Drew,

Graham Burke, Rex & Jan Cambry, Jeanelle Bergin, Luke Norden, Caroline Meade, Fr Brendan Lane, Alexander Lim, Carol Battistella, Zoe & Sophia Chung, Pam Gartland, Rod Gorfine, Patricia Keeghan, Doris Castro, Julia Cantone, Helen McLean, Peter Barry, Bro Jerome CP, Anne Jenkins and Errol Lovett.

### **Mass on line**

Chris will send the link for Sunday Mass, on Saturday afternoon.

God bless,

Brian