## FAMILY GROUP MEMBERS

Passionist Family Group Movement



- To be part of a family group first and foremost you need to be yourself!
- A commitment to attend activities and shared responsibility in hosting events benefits you and others in the group.
- Consider taking a turn organising a monthly gathering. If something crops up as it does from time to time, swap with someone else so the opportunity to form stronger bonds with others in your group isn't missed. You will discover many talents among your group. Maybe you can offer to do the ringing around and some else is happy to host at their home.
- Generally there is somewhere between 10-12 families in a group so taking a turn usually means once a year you get to organise an event. Sharing the load - makes it easy.
- When organising an event, be aware of other people's needs in your group. Not everyone can go bungy jumping, but most can bring a plate to a venue and talk with one another, changing those faces into names and names into family! Maybe suggest everyone bring a favourite holiday picture, or each share something like 'What they wanted to do when they grew up?' Activities that encourage sharing of stories and getting to know others are the best. Keep it simple and have FUN.
- Set up a phone tree or a Whatsapp on your phones, check in with each other in between events to see how everyone is doing.

- When only a handful turn up to an event don't despair, this is an opportunity to get to know a few people much better. Consider other members may be shy, unwell, or needed transport etc.
- A great idea is to draw two names from your group out of a hat and invite them to dinner, if everyone did that just think how much quicker you would get to know your group members.
- Support your group leader and keep them informed about the activity you are planning, about any changed contact details and don't hesitate to seek their advice and share how it's going.

## What we do is not as important as WHY We do it!